

Free!
All Ages

Hit the trail, get moving and get informed! Take a walk with knowledgeable health professionals.

August 13

Alexander Park, Lawrenceville

Breastfeeding

*with Children's Healthcare of Atlanta
Strong4Life*

September 24

Lenora Park, Snellville

Food Safety

with UGA Extension Gwinnett

October 8

Alexander Park, Lawrenceville

Breast Cancer Awareness

with Northside Hospital Gwinnett

November 12

Rhodes Jordan Park, Lawrenceville

Diabetes Awareness

with Diabetes You Can Win

December 10

George Pierce Park, Suwanee

Managing Holiday Stress

with Regions Health Literacy Group



Walk ^{the} Talk

Saturdays

8:00am – 9:00am

