

YOGA

Come to celebrate the National Yoga Month!
Take a break and relax your body and mind.



Thoughtful Thursdays

10:00am – 11:00am

9/6 PVP34705

9/13 PVP34706

9/20 PVP34707

9/27 PVP34708

Mindful Mondays

3:00pm – 4:00pm

9/10 PVP34701

9/17 PVP34702

9/24 PVP34703

FREE!

Ages 8 – up

Bring your own yoga mat.

Pre-Register Required!

www.gwinnettparks.com
or call 678.277.0920



Pinckneyville Park
Community Recreation Center
4650 Peachtree Industrial Blvd., Berkeley Lake